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Past Positions held at International level:

Academic Position:

- **Associate Professor** in the School of Humanities & Education, **Fiji National University** (largest University in the South Pacific), Fiji Islands since 1st March 2012 to 22nd June 2012 (on EOL from GBU).

Administrative Positions:

- **Member**, College Academic Board, College of Humanities and Education, Fiji National University, Fiji Islands.
- **Member**, School Academic Board, School of Education, Fiji National University, Fiji Islands.
- **Member**, Selection Committee for the selection of Social Sciences Faculty at Fiji National University, Fiji Islands.

Administrative Positions held at GBU:

- Head, Dept. of Social Sciences;
- Head, Dept. of Education & Training
- Head, Dept. of History & Civilization
- Coordinator, School Admissions & Examinations, Time-table and Space Management etc.

Board/Committee/Panel Member

- **Member, Board of Studies, School of Humanities and Social Sciences.**
- **Invited Member, Board of Studies, School of Law, Justice and Governance.**
- **Member, Organizing Committee, Cultural Council**
- **Member, Proctorial Board**
- **Member, International Centre**
- **Member, Selection Committee for the Selection of PGTs for Inter Colleges**
- **Member (Nominee of Commissioner, Meerut) for selection of NRHM Project Team for Gautam Budh Nagar District**
- **Member, Sports Committee**
- **Member, Admission Committee**
- **Member, Interview Board for admission to Doctoral Programme**
- **Chairman/Member, Interview Board for admission to Postgraduate Programmes.**
- **Editor, Integrated Journal of Social Sciences, ISSN 2348 –0874**
- **Member, Editorial Board, Indian Journal of Psychology and Education (IJPE)**
- **Member, National Advisory Board for conducting National Seminar on “Role of Education of Women’s Safety and Dignity” held on 14th February 2015 at Km. Mayawati Govt. Girls Post Graduate College, Badalpur (Gautam Budh Nagar).**

Courses Designed and Developed

- **Postgraduate Diploma in Guidance and Counseling for Fiji National University, Fiji Islands.**

Postgraduate Level

- Course Syllabus for M.A. in Development Studies at GBU
- Course Syllabus for Master of Arts in Applied Psychology, Education and Master of Social Work at GBU
- Course Syllabus for B.Ed and M.Ed at GBU.
- Course Syllabus for M.A. (Political Science and International Relations) at GBU
- Role and Realm of Values for postgraduates
- Value Education & Buddhist Ethics for postgraduates/graduates
- Stress Management for M. Tech programmes at GBU
- Organizational Behaviour for M.Tech programmes at GBU
- Environmental Education for postgraduates

Doctoral Level

- Research Methods in Social Sciences
- Basic Concepts in Social Science

Courses Taught at Doctoral/Postgraduate/Graduation Level

- Stress Management
- Organizational Behaviour
- Human Values and Buddhist Ethics
- Research Methodology
- Role and Realm of Values
- Environmental Education
- Contemporary Issues in Education
- Human Development
- Educational Psychology

- Guidance and Counseling

Educational Qualifications

- Ph.D. (Educational Psychology) (Emotional Intelligence) from Jamia Millia Islamia, (Degree Awarded in 2003).
- Master of Education (M.Ed.) from Kurukshetra University (1998)
- Master of Political Science from IASE, Sardarshahr (2005).
- Master of Business Administration (Human Resource) from Guru Jambheshwar University, (2010).
- Post Graduate Diploma in Counselling & Behaviour Modification (PGDC&BM) from Guru Jambheshwar University, Hisar (2008)

Academic Distinctions/Awards:

- **Young Scientist Award** (2005) for best paper presentation, titled “Nurturance of Emotional Intelligence” in an International Conference held at Trichy.
- **P.B. Buckshey Award** (2004) for presentation of best paper entitled “An Indian adaptation of Multifactor Emotional Intelligence Scale” in the XXIX Annual Conference of Indian Psychiatric Society-North Zone held at Delhi.
- **Travel Grant** was provided by the ICSSR to present a Scientific Paper “Emotional intelligence: An Indian Experience” in the 5th Annual Conference of NexusEQ, “Leading with emotional intelligence: Tools and Wisdom for a sustainable world”, Holland, Europe, from 12th to 14th June 2005.

Honour:

- Enlisted in the selected list of “**Emerging Indians 2007**” under Science & Technology category through survey conducted by “The Week-IMRB” in its August issue.

Publications:

Books:

1. Emmerling R., **Shanwal, V.K.** & Mandal, M.K (2008). Emotional Intelligence: Theoretical and Cultural perspectives. NOVA Science Publishers, NY, USA.
2. **Shanwal V.K.** (2004). Emotional Intelligence: The Indian Scenario. Indian Publishers & Distributors, New Delhi.

Book Chapters:

1. Singhal, N., & **Shanwal, V.K.** (2014). Psychological Capital: An Indian Perspective. In Sunil Saini. Positive Psychology: In the light of Indian Tradition. Indian Association of Health, Research and Wellbeing. pp 104 -113.
2. **Shanwal, V.K.**, & Kaur, G. (2011). Culture: An Integral Component for Emotional Intelligence Assessment. In Sunil Kumar & S.B. Yadav (Eds.). Positive Psychology. Global Vision Publishing House.
3. Sarita, & **Shanwal, V.K.** (2011). Management of Role Conflict among Female Doctors. In Sunil Kumar & S.B. Yadav (Eds.). Positive Psychology. Global Vision Publishing House.
4. **Shanwal, V.K.** & Bajaj, G. (2008) Emotional Intelligence in Education: Applications and implications. In Emmerling R., Shanwal, V.K. & Mandal, M.K, (Eds). Emotional Intelligence: Theoretical and cultural perspectives. NOVA Science Publishers, NY, USA, pp. 153-170.
5. **Shanwal, V.K.**, Baja, G. & Singh, S.B. (2007). Emotional Intelligence and Academic Achievement. In R.K. Pradhan & Purnima Mathur (Eds.), Emotional Intelligence: Perspectives in Organization, Academic Excellence Publishers & Distributors. Delhi, pp.115-129.
6. Bajaj, G., **Shanwal, V.K.** (2007). Impact of Physical Attributes of the Family on Emotional Intelligence. In R.K. Pradhan & Purnima Mathur (Eds.). Emotional Intelligence: Perspectives in Organization Academic Excellence Publishers & Distributors. Delhi, pp.95-114.
7. Bajaj, G., **Shanwal, V.K.** (2006). Emotional Intelligence: A Construct of Health Promoting Behaviour in Organizations. In Rajbir Singh & Radhey

Shyam (Eds). Psychology of Wellbeing. Global Vision Publishing House, New Delhi, pp.253-260.

8. **Shanwal, V.K. & Bajaj, G. (2005).** Intervention of the Emotional Intelligence: Developmental Perspectives. In Mahesh Bharghav & Piyush Bharghav (Eds.). Appraisal of Modern Education. Rakhi Prakashan, Agra, pp.69-79.

Research Papers

1. **Shanwal, V.K., & Dasgupta, P. (2014).** Emotional Intelligence: A Measurement Tool for Orthorexia Nervosa. Indian Journal of Health and Wellbeing, Vol.5(6), 738-41.
2. **Shanwal, V.K., & Fatmi, S.N. (Accepted).** School Dropout: Major Barrier in Providing Education to All. Journal of Exclusion Studies.
3. **Shanwal, V.K., & Fatmi, S.N. (Communicated).** "Oral Tradition in Education: From Gurukul to Modern". Social ION.
4. **Shanwal, V.K., Singh, S.B., & Kaur, G. (2011).** A Study of Coping Strategies adopted by the Spouses of Male Alcoholism. International Journal of Management and Computing Sciences (IJMCS), Vol 1(2), pp 49-56.
5. **Kumar, S., & Shanwal, V.K. (2010).** Application of Positive Psychology at workplace. Indian Journal of Positive Psychology". Vol 1 (1&2), pp 55-58.
6. **Shanwal, V.K., Kaur,G, Kumar Sudeep & Singh, S.B. (2006).** Emotional Intelligence in School Children: A socio-demographic study, in Journal of Psychosocial Research, vol.1 (1), pp.1-13.
7. **Shanwal, V.K. (2005).** Multifactor Emotional Intelligence Scale (MEIS) - Indian Version item booklet. National Psychological Corporation. Agra.
8. **Shanwal, V.K. (2005).** Multifactor Emotional Intelligence Scale (MEIS) - Indian Version user's manual. National Psychological Corporation. Agra.
9. **Shanwal, V.K. (2005).** An Indian adaptation of Multifactor Emotional Intelligence Scale (MEIS). Journal of Mental Health and Human Behaviour, Vol. 10 (1 & 2), pp. 25-39.

Research Articles:

1. **Shanwal, V.K. (2013). The Value of Emotions. Published in Weekly Press Pakistan – Canada, a Toronto-based newspaper, in its 12th November 2013 issue.**
2. **Shanwal, V.K. (2012). The Value of Emotions. Published in the Fiji Times on 20th June 2012.**
3. **Shanwal, V.K. (2012). The Value of Emotions. Published in the PADRE JAMES BHAGWAN'S COLUMN on 21st June 2012.**
4. **Shanwal, V.K., & Mishra, S. (2010). Individual's Strength and Stress. PsyInsight. Individual's strength & stress. A publication of Indian Association of Health, Research and Welfare. Vol.1(3), 25.**
5. **Shanwal, V.K., & Kaur, G. (2010). Emotional Reactions Associated with HIV/AIDS: PsyInsight, Vol. 1(2), 25.**
6. **Kaur G, & Shanwal, V.K. (2010). Correlates of Intervention programme for Stress Management. PsyInsight. Vol. 1(3), 40.**
7. **Kaur,G, & Shanwal, V.K, (2007) Emotional intelligence: How does it matter? Everyman's Science. Vol. XLII, No.1, April – May, pp.42-44.**
8. **Shanwal, V.K. (2006). Emotional Intelligence: An Introduction. Kurukshetra (Hindi Version). A Journal of Rural Development Ministry, 56(4), pp.40-42.**
9. **Shanwal, V.K. (2006). Emotional Intelligence: A Critical Overview. Kurukshetra. A Journal of Rural Development Ministry, 56(3), pp.28-30.**
10. **Shanwal, V.K. (2005). Emotional Intelligence: An Overview. Mirror Today. New Delhi, Vol. XVIII, No.07, July, pp 66-69.**
11. **Shanwal, V.K. & Kumar, D (2004). Emotional intelligence: The new definition of being smart. Delhi Psychiatry Bulletin, Vol.7, No.1, Dec.2004, pp.13-15.**
12. **Shanwal, V.K. & Kumar, D (2004). Intelligence revisited. Everyman's Science. Vol. XXXIX, No.1, April – May, pp.28-31.**
13. **Shanwal, V.K. (2004). A Study of correlates and nurturance of emotional intelligence in primary school children. Indian Educational Abstract, Volume IV (1) page 5.**

Seminars/ Symposia/ Poster paper – Presented at International Level:

1. Presented scientific paper entitled “The Differences in the Management of Emotions in East and West” presented in the International Interdisciplinary Conference on “Language, Culture and Values: East & West”, held at Jawaharlal Nehru University, India from 16th to 18th October 2014.
2. Presented scientific paper entitled “Oral Tradition in Education: From Gurukul to Modern” presented in the “International Conference on Folklore: Reinventing Past through Folk Traditions, held at Jawaharlal Nehru University, India from 23rd to 25th October 2013.
3. Presented scientific paper entitled “Encounter and Discovery of Online Technological Management” presented in the “International Conference on Emerging Paradigm and Practices in Information & Communication Technology and Management” held at Gautam Buddha University, from 26th to 28th July 2012.
4. Presented lead paper entitled “Buddhist Strategy for Emotional Management” presented in the “International Conference on Stress: Paradigm Shift in Technology and Allied Sciences” held at International Institute of Health Management Research, New Delhi on 27th & 28th December 2011.
5. Co-Chaired Scientific Session “Stress and Allied Sciences” on 28th December 2011 at International Institute of Health Management Research, New Delhi in the “International Conference on Stress: Paradigm Shift in Technology and Allied Sciences”.
6. Presented a Scientific paper entitled “Emotions: A Tactical Device in Negotiation Strategy” in the “International Conference on Stress: Health, Society and Technology” held in Jawaharlal Nehru University, New Delhi on 20th & 21st April 2011.
7. Chaired Scientific Session “Stress among Special Population (Children, Women and Older Persons) on 20th April 2011 at Jawahar Lal Nehru University, New Delhi in the “International Conference on Stress: Health, Society and Technology”.
8. Presented a Scientific paper titled “Does Culture influence emotional intelligence?” in the “8th Biennial Conference of Asian Association of Social Psychology” held in New Delhi from 11-14 Dec 2009.

9. Scientific poster paper titled “Impact of emotional intelligence in personnel selection” in the “International Conference on psychological assessment in personnel selection” held in New Delhi from 23 – 25 Nov 2007.
10. Scientific poster paper presented in the “International Conference on Mental Health with Symposia on Transcultural Psychiatry” organized in collaboration with British Indian Psychiatric Association (BIPA), Institute of Human Behaviour & Allied Sciences (IHBAS) and Indian Psychiatric Society-North Zone held at Hotel Imperial, New Delhi, and 3rd – 6th February 2005.
11. Presented a Scientific Paper titled “Nurturance of Emotional Intelligence” in the International Conference at Trichirappalli “Beyond Talk and Chalk: Challenges and Opportunities in the Digital Age” on 5 & 6 March, 2005.
12. Presented a Scientific Paper “Emotional intelligence: An Indian Experience” in the 5th Annual Conference of NexusEQ, “Leading with emotional intelligence: Tools and Wisdom for a sustainable world”, Holland, Europe, from 12th to 14th June 2005.
13. Scientific Paper “Strategies for empowering women through emotional management” presented in the Indo-British Seminar on Educational Technology for the Empowerment of the Disadvantaged communities held at Tiruchirappalli on 29th & 30th December 2005.
14. Scientific paper “Emotional Intelligence in Education: A futuristic perspectives” presented in the Indo-British Seminar on Educational Technology for the Empowerment of the Disadvantaged communities held at Tiruchirappalli on 29th & 30th December 2005.
15. Chaired a scientific session in the Indo-British Seminar on Educational Technology for the Empowerment of the Disadvantaged communities held at Tiruchirappalli on 29th and 30th December 2005.

National Level

1. Presented a Scientific Paper titled “An Indian adaptation of Multifactor Emotional Intelligence Scale” in the XXIX Annual Conference of Indian Psychiatric Society-North Zone held 30 & 31 October 2004 at the Institute of Human Behaviour & Allied Sciences (IHBAS), Delhi.

2. Presented a Scientific Paper “Emotional Intelligence: A tool for managing self in embedded environment” in national seminar on “issues and problems in Human Resources Development – A psychological perspective, January 30, 31 & Feb.1, 2006 at Pune.
3. Presented a Scientific Paper “Emotional Intelligence: A construct of promoting health behaviour” in the national seminar on “Psychophysiology of well-being” on March 28 & 29, 2006 at M.D. University, Rohtak.
4. Poster paper presented at 59th Annual National Conference of Indian Psychiatric Society (ANCIPS) held at Chennai from 4th –7th Jan 2007, India, entitled “Emotional Intelligence in relation to psychosocial problems and coping strategies among spouses of alcoholism patients: An exploratory study”.
5. Presented a Scientific paper at the National Seminar on “Developing Work Force – Life span Approach to Career” entitled “Is Emotional Intelligence a factor for success?” held on 13 & 14th March, 2009 at University of Delhi, Delhi.
6. Poster paper presented at 61st Annual National Conference of Indian Psychiatric Society (ANCIPS) held at Agra from 8th –11th Jan 2009, India, entitled “Emotional Intelligence & Psychosocial Problems among Children of alcoholic fathers.”
7. Poster paper presented at 66th Annual National Conference of Indian Psychiatric Society (ANCIPS) held at Pune from 16th –19th Jan 2014, India, entitled “Alcoholism: A major health problem.”

Seminars, Symposia, Workshops and Training Programmes – Organized:

1. **Conducted Teacher Training Program** on “Recent Trends in Education & Training” at Gautam Buddha University on 20th & 21st May 2015.
2. **Conducted Workshop** on “Stress Management” for NOIDA & Greater NOIDA Shiksha Samiti School Teachers at Gautam Buddha Balak Inter College, Greater NOIDA on 19th May 2014.

3. **Conducted Workshop** on “Role of Emotional Intelligence in Education” for School teachers at Gautam Buddha Inter College, Greater NOIDA on 13th December 2013.
4. **Organized training programme** on “Rapid Visual Screening of Buildings” jointly organized by National Institute of Disaster Management (NIDM) and GBU held from 19th to 21st June 2013 at Gautam Buddha University.
5. **Organized Workshop** on “Enhancing Emotional Competencies: Overcoming Stress” under Management Development Programme, held on 14th & 15th July 2011 at Gautam Buddha University.
6. **Joint Coordinator** in the Organizing Committee in 2nd National level “Dissemination Workshop on HIV/ AIDS Counselors” Training Curriculum (2006) organized by IHBAS, Delhi on behalf of National AIDS Control Organization from 2nd to 4th August, 2007.
7. **Member, International Planning Team** 5th Annual Conference of NexusEQ, “Leading with emotional intelligence: Tools and Wisdom for a sustainable World”, Holland, Europe, from 12th to 14th June 2005.
8. **Assistant Coordinator** in the Indian Coordinating Committee for “International Conference on Mental Health with a Symposia on Transcultural Psychiatry” organized in collaboration with British Indian Psychiatric Association (BIPA), Institute of Human Behaviour & Allied Sciences (IHBAS) and Indian Psychiatric Society-North Zone held at Hotel Imperial, New Delhi, 3rd – 6th February 2005.

Paper presented in Workshops:

1. As co-author in a paper entitled “Social & Behavioural Sciences (SBS) Issues of Traffic Safety” presented in Indo-US Workshop on “Motor Vehicle Injury Prevention and Control in South Asia’ organized by ICMR (GOI) & CDC/ATSDR (USA) from 28th – 30^h August 2007 at Hotel Hyatt Regency, New Delhi.
2. As co-author in a paper entitled “Reliability and Validity of Risk Assessment Battery in Indian Population (Patients with Intravenous Opioids Use) presented in Indo-US Workshop on “Drug Abuse and

HIV/AIDS in NE Region of India” organized by ICMR & NIDA, USA from 27th – 29th October 2005, at Hotel Hyatt Regency, New Delhi.

3. Presented a paper on “Emotional intelligence and Value Education” for School teachers of Delhi in a Workshop organized by the World Association for Value Education (WAVE) (May 2004).
4. Presented a paper on “Emotional Intelligence: India perspectives” for School Administrators and Teachers in a workshop jointly organized by the World Association for Value Education (WAVE) and Bharti Vidya Bhavan (July 2004).

Research Projects:

1. One of the Co-Investigators in the research project titled “26/11 Mumbai Terrorist Attack: A Telephonic Survey about Psychological impact on people in Mumbai and Delhi. The project was initiated in Dec 2008 and completed by June 2009.
2. Principal Investigator in the research project titled “Nadi 2012 Flood: A study of Psycho-social impact of the flood affected people in Nadi Basin Area”- project was approved.

Guest/Expert Lectures Delivered /Resource Person:

1. Invited as Chairperson for a Technical Session in the National Seminar on “Relevance of Swami Vivekanand’s Thoughts in Today’s Perspective” on 19th March, 2015 at Km. Mayawati Govt. Girls Post Graduate College, Gautam Buddha Nagar, U.P.
2. Invited as Subject Expert for a Technical Session in the National Seminar on “Strengthening and improving Teachers’ Education” held on 24th February 2015 at Army Institute of Education, Greater NOIDA.
3. Invited as Resource Person for National Seminar on “Role of Education in the Protection of Women’s Safety and Dignity” held on 14th February 2015 at Km. Mayawati Govt. Girls Post Graduate College, Badalpur, Gautam Budh Nagar.

4. Invited as Resource Person for Special Lecture on “Emotional Intelligence: A Key to Teaching-Learning for B.El.Ed students on 9th February 2015 at Aditi Mahavidyalaya (University of Delhi), Delhi.
5. External Examiner for B.Ed Practice Teaching Practical Examinations of Galgotias University held on 22nd December 2014 at the Kendriya Vidyalaya, Sector- Phi- 3, Greater Noida.
6. Resource Person for Training Program on “Leadership and Management Program (LAMP)” at the INCLIN Trust International for 7th August 2013. Delivered lecture on “Emotional Competencies in Team Building” and “Time and Stress Management”.
7. Resource Person for Induction Training Programme on “Effective Teaching Learning Process (ETLP-13)” at National Institute of Technology, Hamirpur, Himachal Pradesh for 3rd August 2013. Delivered lecture on “Working with Emotional Intelligence” and “Art of Teaching-Learning”.
8. Delivered Expert Lecture on “Effects of Disaster on Specific Groups” in training programme on “Rapid Visual Screening of Buildings” jointly organized by National Institute of Disaster Management and GBU, on 20th June 2013.
9. Delivered Expert Lecture on “Emotional Intelligence: Awareness and Building Emotional Intelligence” at International Institute of Health Management Research (IIHMR) organized for Medical Professionals of Republic of Bhutan on 10th January 2012.
10. Delivered Expert Lecture on “Emotional Intelligence at Workplace” on 15th July 2011 under Management Development Programme held at Gautam Buddha University on 14th & 15th July 2011.
11. Delivered Expert Lecture on “Stress Management” for Srilankan Engineers (Govt. Delegation) on 27th May 2011 at Gautam Buddha University.
12. Delivered a Guest Lecture on Emotional Intelligence for Managers at Ramesh Chandra Institute of Management (RCIM), Ghaziabad, U.P (October 2008).
13. Delivered a lecture on “Emotional Intelligence: Importance & Implications” at Satya Institute of Management & Technology, Noida, UP (April 2008).

14. Resource person for in service training course in Life Skills Training and Action Research for Postgraduate teachers of Kendriya Vidyalayas (June 2006).
15. Resource person for Municipal Corporation of Delhi (MCD) Teachers on “Emotional intelligence- an Introduction” organized by State Council of Educational Research & Training (SCERT) at Paharganj and Pusa Road (May 2005).
16. “How to Nurture Emotional Intelligence in education”? Delivered lecture at the CFNAI University, Noida, Uttar Pradesh addressed to Management Faculty and Students (September 2004).

Research papers accepted in International conferences (Could not attended the conferences)

1. Scientific paper entitled “Emotional Intelligence: A Useful Technique for Stress free Life” accepted for 5th Global Business and Social Science Research Conference, held on 25-26 June, 2012, at Beijing, China.
2. Scientific paper entitled “Alcoholism: A Barrier to Development” (2011) accepted for International Conference on Managing Sustainable Development of Rural Economy and Agri Business, held from 21-23 January 2011.
3. Scientific paper entitled “Children of Alcoholic father: Their problems and Coping” (2010) accepted at the 20th World Congress of Social Psychiatry, Marrakech, Morocco.
4. Worked as co- author in a paper entitled “Risk Assessment Battery (RAB) for HIV Risk- Adaptation & Validation in Hindi for India (2008), accepted by National Institute for Drug Abuse (NIDA), Maryland, USA for NIDA International Forum 2008, held at San Juan, USA.
5. Scientific paper entitled “Emotional Intelligence in relation to psychosocial problems and coping strategies among children of alcoholism patients: An exploratory study” (2007) accepted at 6th Emotional Intelligence World Summit, Johannesburg, South Africa

National Conference:

- Poster paper entitled “Emotional Intelligence and work place spirituality” has been accepted for presentation in National Association of Psychology held in January 2011 at JNU, Delhi.

Membership of Professional Bodies:

- Life Member- Indian National Science Congress (INSC), Calcutta.
- Member- Nexus EQ Alliance, USA.
- Associate Member, Indian Psychiatric Society, Calcutta.
- Associate Member, Indian Psychiatric Society – North Zone, Jaipur.